

The CMS Medicare-Medicaid Coordination Office (MMCO) is pleased to announce the following training opportunity:

Webinar: Promising Practices for Meeting the Behavioral Health Needs of Dually Eligible Older Adults

Date/Time: August 2, 2018, 2:00-3:00 EST

Registration Link:

https://www.resourcesforintegratedcare.com/GeriatricCompetentCare/2018_GCC_Webinar_Series/Behavioral_Health_Needs

Twenty-five percent of adults in the United States who are 65 or older experience a behavioral health issue, yet only 3% of these individuals report seeking treatment from a behavioral health professional.^{1,2} Individuals 65 or older who are dually eligible for Medicare and Medicaid, in particular, have high rates of behavioral health conditions compared to beneficiaries with Medicare only. For example, among individuals 65 or older, 19% of dually eligible beneficiaries were diagnosed with a depressive disorder compared to 8% of Medicare-only beneficiaries, and 11% of dually eligible beneficiaries were diagnosed with an anxiety disorder compared to 6% of Medicare-only beneficiaries.³

This interactive webinar will discuss common behavioral health conditions and related challenges among dually eligible older adults, identify best practices for treatment options and care coordination, and demonstrate practical strategies for meeting beneficiary needs. Speakers, including a family caregiver, will discuss firsthand experiences, lessons learned, and strategies to coordinate care for dually eligible older adults across diverse settings.

By the end of this webinar, participants should be able to:

1. Define common behavioral health conditions among dually eligible older adults.
2. Recognize effective and appropriate treatment options for older adults with behavioral health needs.
3. Identify practical tips and concrete strategies to improve care for older adults with behavioral health needs based on real-life stories from the field.
4. Identify opportunities to collaborate with clinicians, social workers, case managers, and caregivers to support dually eligible older adults with behavioral health needs.

¹ National Council on Aging. (2018). Healthy Aging: Fact Sheet. <https://www.ncoa.org/wp-content/uploads/2018-Healthy-Aging-Fact-Sheet.pdf>.

² U.S. Department of Health and Human Services, Administration on Aging. (2001). Older adults and mental health: Issues and opportunities. <https://www.public-health.uiowa.edu/icmha/training/documents/Older-Adults-and-Mental-Health-2001.pdf>.

³ Medicaid and CHIP Payment and Access Commission. (2015). Behavioral Health in the Medicaid Program – People, Use, and Expenditures. <https://www.macpac.gov/wp-content/uploads/2015/06/Behavioral-Health-in-the-Medicaid-Program%E2%80%94People-Use-and-Expenditures.pdf>

Featured Speakers:

- Neha Jain, MD, Assistant Professor of Psychiatry, University of Connecticut School of Medicine
- Molly Rees Gavin, President, Connecticut Community Care, Inc.
- Sabrina Wannamaker, MA, LPC, LPC/S, Clinical Manager, Absolute Total Care
- Susan W. O'Dwyer, RN, CCM, MHA/Ed, Case Management Director, Absolute Total Care
- Andrea Lovell, Family Caregiver

Intended Audience:

This webinar is intended for providers, health care professionals and front-line staff of Medicare Advantage plans, Medicare-Medicaid Plans, Dual Eligible Special Needs Plans (D-SNPs) and PACE Organizations, as well as other stakeholders interested in improving their ability to manage medications among older adults.

CME/CE Credit Information:**Accreditation**

- The Centers for Medicare & Medicaid Services (CMS) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. CMS is also accredited by the International Association for Continuing Education and Training (IACET) to offer continuing education credit.
- The American Geriatrics Society is accredited the National Association of Social Workers (NASW) to provide continuing education for social workers.

Continuing Medical Education – CMS designates this live educational activity for a maximum of 1 hour of AMA PRA Category 1 Credit(s)™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

Continuing Education Credit

- **National Association of Social Workers** – This program is pending approval by the National Association of Social Workers for 1 continuing education contact hour.

The following states do not accept National CE Approval Programs for Social Work: New York, Michigan, and West Virginia.

The following states currently do not recognize NASW National Approval: New Jersey, Idaho, and Oregon.

Individuals are strongly encouraged to check with their specific regulatory boards or other agencies to confirm that courses taken from these accrediting bodies will be accepted by that entity.

PLEASE NOTE:

- Webinar participants seeking CME/CE credit should only claim credit commensurate with the extent of their participation in the activity.
- A score of at least 80% on the post-test must be achieved in order to obtain CEs via the NASW or CMS credit options.
- Estimated time to participate in the webinar: 1.5 hours including introductory information and interactive Q&A.
- Participants will be led through the following requirements after signing into and participating in the webinar:
 - Read the learning objectives and faculty disclosures
 - Complete the pre-test
 - Participate in the webinar
 - Complete the post-test and program evaluation form

Registration Information:

After clicking the registration link hosted on <https://resourcesforintegratedcare.com/> and completing the registration form, you will receive an email from do_not_reply@on24event.com containing event log-on information. The email also contains an attachment that, when opened, will save the event log-on information to an Outlook calendar.

On the day of the live event, please use the web link to join the webinar. You can access the platform using a computer, smart phone, or tablet. The audio portion of the presentation will automatically stream through your computer/device speakers. Please make sure that the volume on your speakers is turned up. Phone dial-in information will also be available during the live event if you are unable to listen to the audio through the computer/device speakers.

For individuals that will be **away** from a computer, smart phone, or tablet on the day of the live webinar event, please email us at RIC@lewin.com to request dial-in information.

Resources for Integrated Care (RIC) develops and disseminates technical assistance and actionable tools for providers of beneficiaries dually eligible for Medicare and Medicaid based on successful innovations and care models. The RIC website features additional resources and tools for providers and health plans, available at <https://www.resourcesforintegratedcare.com>. RIC is supported by the CMS Medicare-Medicaid Coordination Office.

Please contact RIC@lewin.com or Gretchen.nye1@cms.hhs.gov with any questions.